

COUNCIL PENDING RESOLUTION NO.: 2024-05
AS AMENDED _____
CERTIFICATION DATE _____
CERTIFIED BY _____
FAVORABLY _____
UNFAVORABLY _____

**A RESOLUTION OF THE COMMON COUNCIL OF THE CITY OF GARY,
INDIANA, ON “MAY IS MENTAL HEALTH MONTH”**

WHEREAS, The Common Council (“Common Council”) of the City of Gary, Indiana (“City”) recognizes May as Mental Health Month;

WHEREAS, mental health is an essential part of overall well-being, impacting individuals, families and communities across the City of Gary, Indiana;

WHEREAS, one in five American adults experiences a mental health condition each year and everyone faces challenges in life that can impact their mental health;

WHEREAS, despite its prevalence, mental health remains shrouded in stigma, preventing many from seeking help;

WHEREAS, early intervention and access to quality care are crucial for managing mental health conditions and improving quality of life;

WHEREAS, May is recognized nationally as Mental Health Awareness Month, providing an opportunity to raise awareness, combat stigma and promote mental health resources;

WHEREAS, I, Councilwoman Linda Barnes-Caldwell, 5th District and the members of The Gary Common Council, do hereby proclaim May 2024 as Mental Health Month in the City of Gary, Indiana;

I encourage all residents in the City of Gary, Indiana to:

- Educate themselves and others about mental health conditions, treatment options and available resources.
- Challenge stigma by speaking respectfully and inclusively about mental health
- Seek help if they are struggling with their mental health and encourage others to do the same.
- Support organizations that provide mental health services and advocacy
- Create safe and supportive environments for open conversations about mental health
- Together, we can create a community where everyone feels empowered to prioritize their mental well-being and seek help when needed.

NOW, THEREFORE, BE IT RESOLVED BY THE COMMON COUNCIL OF THE CITY OF GARY, INDIANA, AS FOLLOWS:

We, the **Gary Common Council**, are committed to “May is Mental Health Month in the City of Gary, Indiana.

PASSED AND ADOPTED by the Common Council of the City of Gary, Indiana, on the _____ day of _____, 2024.

PRESIDENT, GARY COMMON COUNCIL

ATTEST:

CITY CLERK

PRESENTED by me, to the Mayor for his approval and signature this _____ day of _____, 2024.

CITY CLERK

APPROVED and **SIGNED** by me this _____ day of _____, 2024.

MAYOR, CITY OF GARY, INDIANA

Sponsored by: Councilwoman Linda Barnes-Caldwell, 5th District

1st District _____

2nd District _____

3rd District _____

4th District _____

5th District _____

6th District _____

At Large _____

At Large _____

At Large _____

Prepared by: Rinzer Williams, III, Legal Advisor for Gary Common Council

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| COMMITTEE ASSIGNMENT _____ | Reported-Out/Date _____ |
| 1 st Reading/Date _____ | Committee Hearing/Date _____ |
| 2 nd Reading/Date _____ | Public Hearing/Date _____ |
| 3 rd Reading/Date _____ | Final Reading/Date _____ |
| Passed/Date _____ | Defeated/Date _____ |
| Deferred/Date _____ | Tabled/Date _____ |
| Override/Date _____ | Adopted/Date _____ |
| Publication Date _____ | Community Hearing Date _____ |
| Veto Date _____ | Pocket Veto Date _____ |